

Bei Shaolin Kung Fu Institute

SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons By Appointment Only	Private Lessons By Appointment Only	Women Self-Defense 11am-12pm	Private Lessons By Appointment Only		Tai Chi Quan Chi Gong & Nei Gong 11am-12pm
Daytime Adult Shaolin Kung Fu 11am-12:30pm	Daytime Adult Shaolin Kung Fu 11am-12:30pm	Kickboxing 12:30-1:30pm	Daytime Adult Shaolin Kung Fu 11am-12:30pm		Kickboxing 1:30-12:30pm
Beginner Little Shaolin Warriors 5:00-6:15pm	Beginner Little Shaolin Warriors 5:00-6:15pm	Wing Chun Kung Fu 2:00-3:30pm	Beginner Little Shaolin Warriors 5:00-6:15pm		Adult Self-Defense 2:30-4:30pm Men & Women
Beginner Adults Shaolin Kung Fu 6:30-8:00pm	Beginner Adults Shaolin Kung Fu 6:30-8:00pm	Intermediate & Advanced Little Shaolin Warriors 5:00-6:00pm	Beginner Adults Shaolin Kung Fu 6:30-8:00pm		Wing Chun Kung Fu 4:30-6:00pm
Ranked Beg/Int/Adv Shaolin Chuan 8:00-8:30pm	Ranked Beg/Int/Adv Shaolin Chuan 8:00-8:30pm	Intermediate & Advanced Adults 6:30-8:00pm	Ranked Beg/Int/Adv Shaolin Chuan 8:00-8:30pm		
CLOSED 9:00PM	CLOSED 9:00PM	CLOSED 9:00PM	CLOSED 9:00PM	CLOSED	CLOSED 6:30PM